

Athlete Code of Conduct



EAST FIFE TRIATHLON CLUB

EAST FIFE TRIATHLON CLUB is dedicated to creating an environment that nurtures the enjoyment and enthusiasm of every athlete within our club/sport, through a safe, positive environment. We want to empower our athletes to conduct themselves with a sense of personal integrity based on the acceptance of rules, fairness, equality, respect for others and a sense of what is right; where unethical behaviour, rule breaking, drug taking or violence is automatically rejected as being irrelevant to the true purpose of Triathlon.

I agree to:

1. Be friendly and supportive to all attendees, offer help if needed.
2. Practice and participate fairly and be trustworthy.
3. Behave with respect to others including coaches/teachers, venue staff, officials, other swimmers, parents, team managers and spectators.
4. Respect the rules of your own club, those of the facilities and Triathlon Scotland.
5. Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity.
6. Always strive to show the best of yourself and refrain from inappropriate conduct towards others including physical, verbal, written or emotional, in person or through use of social media.
7. Be a positive role model and refrain from bullying and getting involved in inappropriate peer pressure and push others into something they do not want to do.
8. Set a good example at all times in aspects of dress, punctuality, language, behaviour and respect of equipment and others.
9. Wear suitable kit.
10. Not smoke, consume alcohol or drugs of any kind.
11. Abide by all wellbeing and protection policies, procedures and guidelines.
12. Report inappropriate behaviour or risky situations to a member of staff.

EAST FIFE TRIATHLON CLUB recognises that to create a supportive atmosphere which allows everyone to participate and compete to the best of their abilities, that it is important for athletes to know that while we have high expectations of their behaviour, that they can expect the same from us.

You have the right to:

1. Enjoy Triathlon in a safe, enjoyable and protective environment.
2. Be respected, treated fairly and participate on an equal basis, appropriate to your ability.
3. Ask for help.
4. Be listened to.
5. Be believed.
6. Be protected from abuse by other attendees or outside sources.
7. Be referred to professional help if needed.

Breaches of the Athletes Code of Conduct will be dealt with in accordance with the clubs disciplinary procedures.

By signing this code of conduct I agree to abide by the code outlined below. I understand that failure to abide by the code of conduct may result in any/all of the following actions may be taken:

1. Be required to apologise formally.
2. Receive a warning; verbal or written.
3. Be dropped, substituted or removed from certain training/events.
4. Suspended for a period of time.
5. Be required to leave the club.

I have read and understood the above Code of Conduct and I agree to be bound by it:

Athlete Signed

Name (print) Date.....

Signed Parent/Carer (required for U18s)

Name (print) Date.....